

Non-Fiction Learning Log

Date:	<u>Title:</u>	
	What I know:	
	Questions I have:	
	What I Read	My thinking
	What I know now and new questions I have:	

12/9	<u>Taking a Stand</u>	
	<p>What I know: I know that some kids like to sit in different places in the classroom - rug, chair, standing I know that standing is healthier than sitting around.</p>	
	<p>Questions I have: I wonder how a standing desk would work at MNS. I wonder if students would get tired or be uncomfortable. I wonder what students would prefer. I wonder if the standing desk is mandatory</p>	
	Idea in the book	my thinking
p. 3	Students who stand during the day burn more calories.	10 calories an hour isn't that much.
p. 3	It helps kids stay focused.	I could see how it would keep kids focused.
p. 3	The student said that it felt more open.	Maybe those desks take up less space.
	<p>What I know now and new questions I have: I now know that some schools use standing desks. It helps kids keep focus and burn calories. I'm wondering if schools across the country will all start having standing desks.</p>	