

We use a different reading muscle when we read Non-fiction than we do when we read Fiction.

How are non-fiction reading habits different from fiction reading habits?

- Sit-up - not lounging
- Length of time
- Read more slowly
- Re-read more often
- Set-up my notebook differently
- Jot about different things
- Do different types of thinking
- Just right books
- Approach it in a more serious way
- Because of the structure of NF you can skip to different pages